



ATHLETIC CLEARANCE

In order to be cleared for the first day of permissive practice, a student athlete must be cleared through the Athletics Office. The link below will take you to Register My Athlete, where a parent must sign in and follow the instructions for athletic clearance.

[REGISTER MY ATHLETE](#)

Every year, athletes must have a physical examination. Below are the two forms that must be completed by a physician.

All student athletes must complete the Brain Book Concussion course once during high school. The link below will take you to an instruction sheet for completing the course.

[BRAIN BOOK INSTRUCTION SHEET](#)

The link below provides step-by-step directions to use with Register My Athlete. If you require additional assistance, please contact your school's Athletics Office.

[STEP-BY-STEP INSTRUCTIONS](#)

In order to be cleared for athletic participation, all steps within Register My Athlete must be completed and electronically submitted. Please make sure all forms are uploaded and all electronic signatures are completed at least one week prior to the start of permissive practice.

A student is not cleared to participate in practice or games until all information is verified by the Athletics Office and an Athletic Clearance Card has been issued. This card must be given to the coach in order to be eligible to practice or play in a game.

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