EMERGENCY situations require an IMMEDIATE RESPONSE from YOU!

Tell an Adult, a Parent or Police to get HELP!

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Crisis Support Agencies:

Teen Life Line: 602-248-8336
Quail Run Behavioral Health: 602-455-5694
Aurora Behavioral Health: 623-344-4400
Banner Behavioral Health Hospital: 480-448-7500
St. Luke’s Behavioral Health: 602-251-8535
No Health Insurance: Take to local ER

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STUDENTS: If YOU are depressed and having suicidal thoughts then T.A.P.P. –

- **Tell** a trusted **Adult** if you are at school (teacher, social worker, counselor, nurse, coach, SRO, or administrator).
- **Tell** your **Parent** if you are at home that you need help!
- **Tell** the **Police** if your parents are not available. Call 911 for help!

STUDENTS: If your **FRIEND** is having suicidal thoughts or plans, then TAPP:

- **Tell** a trusted **Adult** if you are at school (teacher, social worker, counselor, nurse, coach, SRO, or Administrator).
- **Tell** your **Parent** if you are at home that your friend needs help!
- **Tell** the **Police** if your parents are not available, call 911 for help!

PARENTS: If your child tells you that **their friend** is having suicidal thoughts or plans, it is best to IMMEDIATELY CALL 911 for help! Be prepared to provide a child’s name, address if known, and their school. Police officers can find a child’s home through our District Office and Administrators. They will make a home visit and call a Crisis Team to help determine a plan of action for the teenager at risk.

PARENTS: If your **own child** is feeling suicidal, call the Crisis Team, bring them to an emergency room, or behavioral health hospital. Stay calm and be supportive.