



**EMERGENCY situations require an IMMEDIATE RESPONSE from YOU!**

**Tell an Adult, a Parent or Police to get HELP!**

### **Crisis Support Agencies:**

Mobile Crisis Team (24 hours) 602-222-9444

Teen Lifeline: 602-248-8336

Quail Run Behavioral Health: 602-455-5694

Aurora Behavioral Health: 623-344-4400

Banner Behavioral Health Hospital: 480-448-7500

St. Luke's Behavioral Health: 602-251-8535

No Health Insurance: Take to local ER

**STUDENTS:** If **YOU** are depressed and having suicidal thoughts then T.A.P.P. –

- Tell a trusted Adult if you are at school (teacher, social worker, counselor, nurse, coach, SRO, or administrator).
- Tell your Parent if you are at home that you need help!
- Tell the Police if your parents are not available. Call 911 for help!

**STUDENTS:** If your **FRIEND** is having suicidal thoughts or plans, then TAPP:

- Tell a trusted Adult if you are at school (teacher, social worker, counselor, nurse, coach, SRO, or Administrator).
- Tell your Parent if you are at home that your friend needs help!
- Tell the Police if your parents are not available, call 911 for help!

**PARENTS:** If your child tells you that **their friend** is having suicidal thoughts or plans, it is best to **IMMEDIATELY CALL 911** for help! Be prepared to provide a child's name, address if known, and their school. Police officers can find a child's home through our District Office and Administrators. They will make a home visit and call a Crisis Team to help determine a plan of action for the teenager at risk.

**PARENTS:** If your **own child** is feeling suicidal, call the Crisis Team, bring them to an emergency room, or behavioral health hospital. Stay calm and be supportive.