

Look for these changes in your growing child.

When should he walk? When should she talk?

For the best and brightest future, have your child's development checked often during the first five years.

3 Months

- Lifts head regularly when on tummy
- Makes cooing noises
- Quiets when spoken to
- Grasps objects placed in hand
- Begins to bat at objects

9 Months

- Sits without support
- Begins creeping (up on hands and knees)
- Imitates cough, bye-bye, hand clap, mama
- Drops and looks for an object
- Can find a toy hidden under cloth
- Likes to dump out and pick up things

1 - 1½ years

- Walks well and runs
- Can push, pull, carry, and lift objects
- Names some objects
- Can point to simple pictures
- Brings an object he knows when asked

3 Years

- Uses three to five-word sentences
- Sings simple songs
- Can jump in place
- Begins to ask questions
- Enjoys "pretend" play (for instance, pretending to be mom, dad, brothers, and sisters)
- Can help brush teeth, wash hands, undress, etc.

5 Years

- Likes playground challenges
- Dresses self completely, including buttons; beginning to zip and tie
- Can play cooperatively with a small group of children
- Draws people in two parts—head and arms or legs
- Can tell parents about something that happened while they were gone
- Says number words to ten

6 Months

- Sits with light support
- Babbles when alone or with someone
- Reaches for objects
- Holds objects with either hand
- Turns eyes and head toward sounds and voices
- Begins to crawl (Moves around other than on hands and knees)

1 Year

- Pulls up to a standing position and cruises around furniture
- Begins to say ma-ma and da-da to refer to parents
- Finger feeds self solid food
- Follows a simple direction such as "bring me the ball"
- Points to object she knows when asked "where is it?"
- Begins to use a spoon and hold a cup

2 Years

- Walks up and down stairs, two feet on each step
- Can name more than three body parts
- Scribbles
- Stacks two to four objects
- Uses two-word sentences
- Enjoys doing things for self
- Gets easily frustrated
- Uses objects as they should be used

4 Years

- Can use the toilet (with few accidents)
- Can balance on one foot, then the other
- Can name up to three colors
- Can retell parts of a familiar story
- Begins to play with other children rather than alongside them



FOR MORE INFORMATION, VISIT

[AZED.gov/SpecialEducation/Parents/AZ-Find](https://www.azed.gov/SpecialEducation/Parents/AZ-Find)



For more information on developmental screening, talk to your doctor or for infants and toddlers call the AZ Early Intervention Program at 602-532-9960. For preschoolers call your local school district.